

CENTRAL OHIO
**LGBTQ
HEALTH
EQUITY
CONFERENCE**

WHEN

OCTOBER 30 &
OCTOBER 31, 2015

WHERE

OHIO STATE UNIVERSITY
FAWCETT CENTER



WELCOME

On behalf of the Greater Columbus LGBTQ Health Coalition, I would like to welcome you to the inaugural Greater Columbus LGBTQ Health Equity Conference. The purpose of this conference is to address health disparities in the LGBTQ community and to improve health outcomes for the region's gender and sexually diverse communities.

Over the past year, the 39 member organizations of the coalition have worked tirelessly to make this event a reality. This group of people has pulled together a collection of some of the best advocates, researchers, activists and practitioners of LGBTQ health in the country. We were overwhelmed by the support we received from sponsors, speakers, and community organizations in the planning of this event. Throughout the process, we have looked for every opportunity to invest in the LGBTQ community in the making of this event. From artists and tshirt printing, to conference materials and catering, we did our best to keep it local and keep it LGBTQ and Ally sourced. Doing so was part of strong desire to leave a lasting legacy on both conference attendees and the community at large.

While you are here, it is our hope that you will meet new colleagues, develop relationships with health and social service providers, learn more about local and national efforts to improve LGBTQ health and explore the many resources available to LGBTQ community members in Central Ohio and beyond. Thank you for joining us to help create a healthier and more equitable community in Central Ohio.

Enjoy!

Julia M. Applegate
LGBTQ Health Program Manager
Columbus Public Health

The Greater Columbus LGBTQ Health Coalition



ABOUT THE COALITION

The Greater Columbus LGBTQ Health Coalition is a community-based initiative that consists of health care providers, caregivers, community leaders, organizations and allies, all with the goal of fostering positive health and safety outcomes within the city's gender and sexually diverse communities. This includes, but is not limited to, becoming a visible voice of advocacy for gender and sexually diverse clients, educating and providing inclusive wellness resources and filling data gaps in research.

COALITION MEMBERS:

- Aetna Better Health of Ohio
- AIDS Healthcare Foundation
- AIDS Resource Center Ohio
- Alzheimer's Association of Central Ohio
- Buckeye Regional Anti-Violence Organization
- Columbus Public Health (Alcohol and Drug Program, Neighborhood Health, LGBTQ Health Initiative, Sexual Health Promotion, Women's Health, Youth Wellness Initiative)
- Enroll America
- Equality Ohio
- Faith Mission
- Family AIDS Clinic and Education Services (FACES) Program, Nationwide Children's Hospital
- Franklin County Corrections
- The Frederick Center
- InHealth Mutual
- Kaleidoscope Youth Center
- Lutheran Social Services
- Maryhaven
- Molina
- Mount Carmel Health System
- Multiethnic Advocates for Cultural Competence
- National Association of Social Workers-Ohio Chapter
- Netcare Access
- The Ohio AIDS Coalition
- The Ohio State University Multicultural Center
- The Ohio State University Office of Diversity and Inclusion
- The Ohio State University Transgender Primary Care Clinic
- The Ohio State University Wexner Medical Center
- Otterbein University, Department of Nursing
- Planned Parenthood of Greater Ohio
- Senior Home Choice
- Stonewall Columbus
- Syntero
- THRIVE Program at Nationwide Children's Hospital
- TransOhio
- Triad Hospice
- United Health Care Community Plan
- United States Department of Veteran's Affairs, Chalmers P. Wylie VA Ambulatory Care Center
- United States Senator Sherrod Brown
- United Way of Central Ohio
- Wexner Heritage Village

YOUR HEALTH EXPERIENCES ARE IMPORTANT TO US

The Data, Research and Evaluation Committee will be collecting data throughout the conference. Your participation will provide us with important information for the development of programming, policy and advocacy efforts, etc. in the aftermath of the conference. Your participation is anonymous and voluntary. Thank you for helping us narrow the gap in LGBTQ data collection.

CONTINUING EDUCATION

This continuing education activity was approved by the Ohio Nurses Association (OBN-001-91) an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Please contact Julia Applegate at 645-3097 or jmapplegate@columbus.gov for more information.

Conference Objectives:

1. Explain specific health disparities experienced by the LGBTQ Community
2. Describe the purpose for data collection that is specific to sexual orientation, gender identity and gender expression
3. Describe specific skills required for the provision of culturally competent care to the LGBTQ community

Criteria for Successful Completion of the Program requires attendance at three or more sessions of the conference and completion and submission of the evaluation form.

There is no conflict of interest for planners, faculty, authors and content reviewers. Approval status does not imply endorsement by the provider, ANCC, OBN or ONA of any products displayed in conjunction with this activity.

This conference was approved by the NASW Ohio Chapter for CEUs in Ohio. NASW is recognized as a Continuing Education Approver for social work CEUs by the OCSWMFT Board. If you are audited contact the NASW Ohio Chapter. This does not follow the format for other providers because NASW is a Continuing Education Approver rather than a provider.

SPEAKERS

KEYNOTE SPEAKERS:

Henry Ng, MD, FAAP, FACP

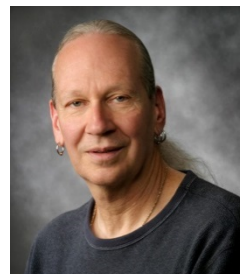
Dr. Ng is an Internist-Pediatrician at MetroHealth Medical Center. He completed both his BS in Biochemistry and his MD at Michigan State University and is an Assistant Professor at Case Western School of Medicine. Dr. Ng serves as the current Clinical Director of the PRIDE Clinic, Ohio's only medical home for Lesbian, Gay, Bisexual and Transgender patients. He was also the medical director for the Metro Youth Outreach (MYO) program, an outreach program for high risk Cleveland youth ages 14 to 24. Currently Dr. Ng serves as the President of the Gay and Lesbian Medical Association (GLMA).



PLENARY SPEAKERS:

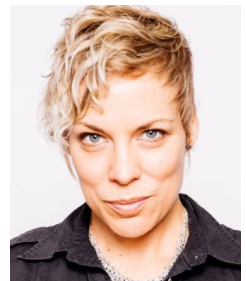
Jim Struve, LCSW

Jim Struve, LCSW, has been a practicing social worker since 1976. He is currently a Licensed Clinical Social Worker in private practice in Salt Lake City, providing psychotherapy services to individuals, couples and groups. Beyond his private practice, Jim has a long history in the development of resources for male survivors of sexual assault, including serving in multiple leadership positions for the National Organization on Male Sexual Victimization (now MaleSurvivor.org). He is also invested in making therapy a positive experience for individuals of all sexual orientations and gender identities and serves as a Founding Member and Coordinator of the LGBTQ Affirmative Psychotherapists Guild of Utah.



Jae Sevelius, PhD

Jae Sevelius, PhD, is a licensed clinical psychologist and Assistant Professor with the Center for AIDS Prevention Studies (CAPS) in the Department of Medicine at the University of California, San Francisco. Dr. Sevelius leads several research projects at the Center of Excellence for Transgender Health to develop culturally relevant, transgender-specific programs and interventions to promote holistic health and wellness among transgender people, with an emphasis on serving transgender women of color and those affected by HIV. She is also developing an intervention for transgender women incarcerated in the San Francisco County Jail to increase engagement in health care upon reentry into the community.



TED TALK: Choosing Compassion in the Face of Diversity

Erin Upchurch, LISW-S

Erin Upchurch will reprise her poignant and timely TedXColumbusWomen 2015 talk to close the conference on Friday.



HEALTH IMPACT LEADER AWARD

The Health Impact Leader Award Committee of the Greater Columbus LGBTQ Health Coalition is delighted to announce the award winners for the inaugural year of the Greater Columbus LGBTQ Health Equity Conference. The award was created in an effort to recognize and honor the work of health and social service providers who have or are currently providing culturally competent care and services to the LGBTQ Community of Central Ohio. Winners of this prestigious award have made significant contributions to the health and wellness of the LGBTQ Community of Central Ohio and the coalition would like to recognize the legacy of their work.

THE HILA WINNERS FOR 2015 ARE:

Outstanding Community Advocate HILA award – Shane Morgan, Mimi Rivard, and Shawn Whybark

Trailblazer HILA award – Gloria McCauley & Jose Rodriguez

Medical Provider HILA award – Dr. Michael Para & Dr. Beth Tranen

Non-Medical Service Provider HILA award – Erin Upchurch, LISW-S

Emerging Leader HILA award – Dr. Andrew Keaster

The committee developed criteria for award winners, reviewed 22 nominees from a wide range of fields, including physicians, community activists, nurses, social workers, HIV advocates, non-profit leaders and public health professionals. The nomination field was compelling and the decision process was difficult, but the committee felt the winners exemplified the spirit of the award and are excited to publicly recognize the winners at the HILA awards ceremony that will conclude the LGBTQ Health Equity Conference on Saturday, October 31st.

The award will be given annually and nominations will open for the 2016 award in January.

The HILA committee was made up by Kristin Torres, Syntero, Inc., Gary Heath, Ohio Office of Criminal Justice Services, Department of Public Safety and Dr. John Davis, College of Medicine The Ohio State University.

The award given to HILA winners was designed and created by local glass artist Kama Westoff.

2015 HEALTH IMPACT LEADER AWARD WINNERS:

Shane Morgan, Trans Ohio

Outstanding Community Advocate

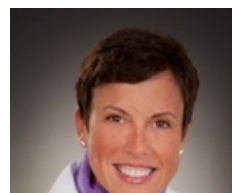
Shane Morgan is a trailblazer in the realm of transgender health. Over seven years ago, Shane found the nonprofit TransOhio with the aim of creating a safe space for trans individuals to come together and foster support for one another. With a strong online and real world presence, TransOhio is the hub of the transgender community in Ohio. Shane is also responsible for organizing the annual TransOhio Transgender & Ally Symposium and working in conjunction with agencies to improve the safety of countless transgender Ohioans.



Mimi Rivard, CNP, ANP, MSN, AIDS Resource Center Ohio

Outstanding Community Advocate

Mimi Rivard is a Nurse Practitioner who has been involved in the fight against HIV and AIDS for over 25 years. She has worked with high-risk and dually diagnosed



individuals in urban centers around the nation and more recently decided to concentrate her expansive experience at the ARC Ohio Columbus Medical Center. Mimi has been integral in championing the availability of PrEP for Central Ohioans and works tirelessly to provide quality, patient-centered care. In her own words, “The ability to come to a welcoming environment and receive care from expert providers who recognize the importance of partnering with patients to promote their optimal health works.”

**Shaun Whybark, AIDS Resource Center Ohio
Outstanding Community Advocate**

Shaun Whybark is the embodiment of grassroots activism to end HIV/AIDS. Beginning with his employment with the Columbus AIDS Task Force, Shaun partnered with local and statewide organizations to implement a comprehensive intervention program tied to educating the MSM community regarding transmission and prevention of HIV. Shaun is now Special Events Coordinator within the AIDS Resource Center Ohio (ARC Ohio), where he directs his unwavering passion towards mobilizing the community and leading fundraising events for ARC Ohio. Shaun’s exuberance, charm, and dedication to the LGBTQ community make him a champion for all Ohioans.



**Gloria McCauley, BRAVO (Buckeye Regional Anti Violence Organization)
Trailblazer Award**

Gloria McCauley is responsible for starting a lifelong conversation about violence and the LGBTQ community. As a founding board member of the National Coalition of Anti-Violence Programs (NCAVP) and integral member of the Buckeye Region Anti-Violence Organization (BRAVO), her work with the personal experiences of victims of violence is rivaled only by her extensive influence on the state and national level. Considered a leading national expert on the subject of violence against and within the LGBTQ communities, Gloria has consulted with national leaders at the CDC, FBI, the Department of Justice and the White House. The curriculum she co-authored for LGBTQ specific self-defense training is used by numerous agencies around the country. In addition, her work with the Sexual Assault Network of Central Ohio (SARNCO) and the advisory board of the Mount Carmel Crime and Trauma Assistance Program prove that her energy and value are inexhaustible.



**Jose Rodriguez, Columbus Public Health
Trailblazer Award**

Jose's service to the LGBTQ community on matters of health extends back over the past 25 years. Jose was an early volunteer with the Columbus AIDS Task Force, working on the front lines of the response to the outbreak of the epidemic. He, along with other dedicated volunteers, launched the first AIDS Walk in Columbus. He was also a founding member of the Ohio AIDS Coalition, a groundbreaking organization that coordinated advocacy efforts and provided healing retreats for HIV+ individuals. Jose was also influential in raising public awareness about HIV and other health matters for the LGBTQ community as one of the owners of Outlook Newspaper, the primary source for LGBTQ media in Columbus. Later in his career Jose joined the staff of the Columbus Public Health Department as the Communications Director. In this capacity he has worked tirelessly to ensure that the health and wellness of the LGBTQ community were prioritized as part of general health communications for the City of Columbus. He was also instrumental in urging a recent Public Health educational initiative around the use of PrEP as an HIV prevention strategy.



**Dr. Michael Para, MD, The Ohio State University Wexner Medical Center
Medical Provider Award**

Dr. Para has served as one of the top HIV/AIDS researchers, clinicians and public health advocates in central Ohio for nearly three decades. When, early in his career, the HIV/AIDS crisis was at its height, Dr. Para worked without the funding, attention, and experience that other areas received. He provided compassionate care when



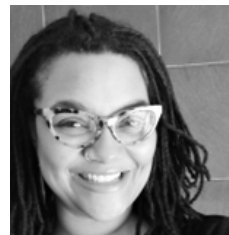
there was no cure and little hope, even working with lawmakers so that HIV testing could become anonymous. Then, his work with the development of protease inhibitors led the way to the treatments that turned HIV into a manageable illness. As a member of the Board of Directors of the Columbus AIDS Task Force and consultant for the ARC Ohio Medical Centers, Dr. Para continues to lay the foundation for high quality HIV primary care services. Today, he is an advocate for Pre-Exposure Prophylaxis (PrEP) and Post Exposure Prophylaxis (PEP) and continues to be a vocal and tireless figure in the world of public health.

**Dr. Beth Tranen, DO, Briggs Medical Clinic
Medical Provider Award**

Dr. Beth Tranen is a general practitioner and operates a family medical practice at Briggs Road Medical Center. Dr. Tranen has been a stalwart in the LGBTQ health community for many years and has paved the way for the provision of culturally competent care of LGBTQ patients. Dr. Tranen has served LGBTQ patients from all over the midwest long before it was common to do so. Dr. Tranen's practice has been a beacon for countless patients who experienced discrimination or poor treatment in uncaring, homophobic environments. In the words of a patient of hers, Dr. Tranen's attitude towards LGBTQ patients and office practices "made all the difference."

**Erin Upchurch, LISW-S, Netcare Access
Health Provider Award**

Erin Upchurch is a social worker and activist who provides services to LGBTQ communities, particularly to gender creative and trans* youth. She is an experienced facilitator of trainings on diversity, organizational development, and advocacy with a special focus on cultural competency. She has given workshops on gender creative young people and methods to engage activism, facilitated support groups for young people and their families, and given public talks on compassion and diversity. Her impact has been significant and positive both to the individuals she assists and to the broader gender creative community of Central Ohio.



**Dr. Andrew Keaster, MD, The Ohio State University Wexner Medical Center
Emerging Leader Award**

Dr. Keaster is a General Internal Medicine Resident at the Ohio State University Wexner Medical Center dedicated to improving the health of minority and marginalized populations. In his short time there, Dr. Keaster in conjunction with Dr. Maria Barnett started the first Primary Care Clinic for transgender health care at the Ohio State University CarePoint East facility. Dr. Keaster initiated the creation of the clinic, worked tirelessly to promote the services of the clinic and During the clinic's development, he was heavily invested in and aggressively pursued the clinic's initiation, staffing, funding, and success.



NOMINEES

In addition to the 2015 HILA winners, the following individuals were nominated for HILA Awards.

- Julia M. Applegate, Columbus Public Health
- Dr. Brian Beesley, DO, Victorian Village Family Health
- Dr. Shelley Blackburn, MD, Rivers Edge Family Medicine
- Dr. Chad Braun, MD, Mount Carmel Health Systems
- Dr. David D. Brill, M.D., Rivers Edge Family Medicine
- Glenda Childress, CISSP, CSSLP, Alcatel-Lucent and PBJ Connections
- Joel Diaz, AIDS Resource Center Ohio
- Lori Gum, Stonewall Columbus
- Dontae Hobson, Greater Columbus Mpowerment Center
- Adrian Neil, Ohio AIDS Coalition
- Dr. Henry Ng, Metro Health Pride Clinic
- Isaac Tobler, AIDS Resource Center Ohio
- Penny Winkle, LISW-S, PCC-S

CONFERENCE SCHEDULE

FRIDAY, OCTOBER 30TH, 2015

7:30am-8:30am: Registration (Lobby)

7:30am-8:30am: Continental Breakfast (Franklin/Hamilton)

8:30am-9:30am: Keynote Address (Ballroom)

“PRIDE Clinic: Promoting LGBT Health in Northeast Ohio,” Dr. Henry Ng, Metro Health, Introduction by Dr. Leon McDougle, Chief Diversity Officer, Wexner Medical Center, The Ohio State University

Dr. Ng will share his personal and professional experiences working to establish a primary care medical clinic focused on serving lesbian, gay, bisexual and transgender clients. The PRIDE Clinic was the first of its kind in Ohio and one of few LGBT focused clinics housed within a hospital system.

9:45-10:45am: Breakout 1

LGBTQ Youth 101 for Service Providers (Jefferson)

Michelle Jordan, MSW, MA

Workshop Description:

This workshop introduces participants to the basics of culturally competent work with LGBTQ+ (lesbian, gay, bisexual, transgender, queer/questioning, and additional identities) young people in healthcare, mental health, and other service settings. We present a framework of knowledge-building and best practices with LGBTQ young people. This workshop has a strong focus on applicable skills around creating safer spaces, inclusive and affirming communication and language, and fostering youth empowerment. Participants receive handouts describing techniques, worksheets for designing new spaces/techniques/procedures, and copies of best practice recommendations.

Workshop Objectives:

1. Understand basics of culturally competent work with LGBTQ youth
2. Creating safer, inclusive, and affirming spaces for LGBTQ young people.
3. Providing empowering services for LGBTQ young people

Michelle Jordan is a licensed clinical social worker with a background in youth development, education, and advocacy and holds both a Masters of Social Work from The Ohio State University and a Masters in Cultural Studies from Carnegie Mellon University. Passionate about social justice and the empowerment of young people, Michelle has worked in the field of positive youth development and health and wellness for ten years. She currently serves at the Center Program Coordinator for Kaleidoscope Youth Center, Ohio's only dedicated center for LGBTQ young people. Michelle is excited to utilize her energy to support and celebrate Central Ohio's young people and youth-serving professionals through building safer spaces and creating dynamic, intentional, and creative programming.

Recommendations for Providers Communicating with Trans Individuals (Alumni Lounge)

Katy Ross, MA

Workshop Description:

Providers play a key role regarding the kinds of physical and behaviorally communicative treatment patients receive. In the case of transgender individuals, however, some providers are less familiar with appropriate communication behaviors for interacting with this patient population. The following presentation explores trans individuals' lived experiences with providers and the types of advice they suggested be provided to providers treating trans patients to improve the trans-patient-provider relationship. Changes in provider's communication behavior during office visits as well as modifications to office logistics and e-health particulars could contribute to a healthy communication environment. Thus, the interactions between trans individuals and their providers could be improved.

Workshop Objectives:

1. Share the data collection methods/results with the audience.
2. Tell the audience about the suggested changes and modifications trans participants expressed.
3. Communicate my study's findings to help improve future trans-patient-provider interactions.

Katy A. Ross is a second-year doctoral student in the Department of Communication Studies at Ohio University. She has a B.S. in Interpersonal and Organizational Communication from East Carolina University and a M.A. in Intercultural Communication from Texas Tech University. Throughout her higher education career she has focused her efforts on bringing awareness and understanding about the trans community to the larger public. Her Master's thesis analyzed the communication patterns trans individuals use to navigate interactions with their healthcare providers. She continues to gear her research in the unique communicative aspects of trans lives across the United States.

Addiction and the LGBTQ Community (Monroe)

Emily Clark, MA, PCC-S

Workshop Description:

Estimates for substance abuse in the LGBTQ community are between 20% and 30% while general population statistics are around 9%. There are a number of factors that contribute to high rates of substance use in the community including minority stress, heterosexism, and trauma, among others. Utilizing an LGBTQ affirmative trauma informed approach, treatment providers can deliver the most culturally competent care for clients.

Workshop Objectives

1. Identify factors leading to high rates of substance abuse in the LGBTQ community.
2. Name types of trauma and how trauma impacts addiction.
3. Understand how an LGBTQ affirmative trauma-informed approach provides the most culturally competent care for clients.

Emily Clark is an independently licensed supervising professional clinical counselor who holds a Master of Arts degree in Clinical Counseling and a Bachelor of Arts degree in Psychology from The Ohio State University. Previously, she has worked as a clinician, providing mental health counseling primarily for 14 to 22 year olds diagnosed with severe mental illness, and completing diagnostic intakes and reassessments for a variety of clients with severe mental illness.

PrEP- A Year in Review From a Community Based Setting (Jefferson)

Mimi Rivard, NP

Workshop Description:

This presentation will explore the first year of Pre Exposure Prophylaxis (PrEP) implementation within community based setting AIDS Resource Center Ohio. As the CDC has become more outspoken about the crucial role that PrEP plays within the HIV prevention landscape, community based settings and medical providers are also embracing this intervention with renewed hope in having an effective bio medical prevention option. Presenters will explore how ARC Ohio initiated the implementation of its PrEP clinic and the types of challenges that have come up during this first year. Emphasis will be placed on how our LGBT community can push PrEP forward by increasing community members' knowledge of PrEP, reducing the stigma associated with PrEP and improving the access to PrEP.

Presenters will review the findings of our internal community needs assessment and explore what our community can do to improve accessibility and acceptance of this much needed prevention strategy.

Workshop Objectives:

1. Audience members will be given a foundational knowledge of how PrEP works and its proven efficacy as an HIV prevention intervention.
2. Audience members will be challenged to look for unique opportunities to incorporate scientific data about the efficacy of PrEP to individuals seeking counseling and testing services as well as members of the public who are at high risk for HIV.
3. Audience members who work within community based or clinic settings will leave the presentation with ideas for how their professional sites can push PrEP forward either directly or through referral methods.

Mimi Rivard is a nurse practitioner, who for more than 25 years has been involved in the fight against HIV and AIDS. Mimi became a nurse in 1988 and completed graduate school at Simmons College in 1992. She has worked throughout the US, focusing on urban areas including Boston, Chicago and The Bronx, NY. Her particular areas of interest are HIV primary and palliative care for the urban population, work with dually diagnosed individuals (HIV/addiction), Post Exposure Prophylaxis and Pre Exposure Prophylaxis.

She has written and contributed to the literature around HIV Palliative Care and has an additional expertise in treatment adherence.

Mimi has been a member of the HIV Medicine Association Board and a training consultant for the New England AIDS Education and Training Center. She has also had the opportunity to work in several developing countries (Namibia, Swaziland, Ukraine and Liberia) providing education and clinical expertise for medical and nursing professionals around HIV/AIDS care and symptom management.

11:00am-12:00pm: Breakout 2

Medical Care of Gender Nonconforming Youth (Alumni Lounge)

Gayathri Chelvakumar, MD, MPH and Nancy Ford, DNP

Workshop Description:

This presentation will describe: current research and theories on the development and formation of gender identity in youth from a pediatric developmental perspective including discussion of the lack of research and health inequities in this population, principles of care for gender non-conforming youth, and an introduction to the THRIVE program structure and the members of our multidisciplinary team

Workshop Objectives:

1. Review development of gender identity in youth
2. Principles of care of gender non-conforming youth
3. Introduction to the THRIVE program approach

Dr. Gayathri Chelvakumar is a board certified adolescent medicine physician at Nationwide Children's Hospital (NCH). Dr. Chelvakumar is one of the physicians with the THRIVE program, a multidisciplinary team at NCH that provides care to children with disorders of sex development, complex urological disorders, and gender concerns. She works with nurse practitioner Nancy Ford to provide affirming, non-judgmental primary care to all patients. She graduated from Northwestern University's Feinberg School of Medicine and completed her pediatrics training and adolescent medicine fellowship at the Medical College of Wisconsin. She also has a Masters of Public Health from the Medical College of Wisconsin. Her interests include working with LGB youth, Transgender youth, homeless youth, and detained youth and improving their access to medical care.

Disparities in Transgender Behavioral Health Research (Monroe)

Caprice Lambert, PhD

Workshop Description:

As social awareness of the transgender community increases, it is essential that health professionals take a vested interest in finding ways to effectively support our transgender clients. One way to start establishing the most effective treatment is to review past research, identify valid data and recognize gaps in the research.

My research team and I have begun an exhaustive literature review of scholarly articles related to transgender issues in the behavioral health fields. Our cursory review indicates that there are significant gaps in formalized research regarding transgender clients' needs, symptoms, risk factors, and best practice treatments. Our goal is to establish a baseline of behavioral health research, in order to help facilitate future research and treatments for the transgender community. Our presentation will include a review of the literature, discussion of the validity of the articles, identifying gaps in the research, brainstorming future research topics and encouraging other public health sectors to start their own research.

Workshop Objectives:

1. Review existing transgender behavioral health research
2. Discuss disparities in current research
3. Brainstorm future research opportunities

Dr. Caprice Lambert is dually licensed as an Independent Marriage and Family Therapist and Psychologist. She attained her Masters in Clinical Psychology at Antioch University, Santa Barbara, California in 2003 and graduated with her Doctorate of Psychology from Wright State University in 2013.

Dr. Lambert currently has a private practice in Dayton, OH. She enjoys working with a wide variety of clients and currently specializes in mood and anxiety disorders, trauma related issues, LGBT concerns, family dynamics, couples therapy and transgender issues. Before joining the practice full-time, Dr. Lambert was a therapist on a child sexual abuse and trauma team, at multiple community mental health centers, a primary care physicians office and an in-patient psychiatric hospital.

This Breakout Session combines the following two presentations (Jefferson):

"Housing Rights of LGBTQ persons at Continuing Care Retirement Communities (CCRC)"

John T. Zimmerman, VP Central Ohio Fair Housing Association

Workshop Description:

This course focuses on common fair housing abuses that frequently occur in senior independent living settings, assisted living settings and nursing home settings based on disability, gender, sexual orientation, gender identity and religion.

Workshop Objectives:

1. Gain an understanding of fair housing laws that assist people with disabilities.
2. Gain an understanding of how to file a fair housing complaint.
3. Gain an understanding of the fair housing resources in the local community.

John Zimmerman is the VP of the Central Ohio Fair Housing Association. He teaches fair housing and disability rights classes that are certified for continuing education for Housing professionals, social workers and nurses. He has a Bachelor's degree from Capital Univ.

"It's going to be wild": Intimacy and Sexuality in Assisted Living

James R Carter, PhD

Workshop Description:

Dissertation findings will be presented. Discussion will follow regarding the possible future applications of them. Additionally I will present information about thematic findings to raise awareness about the cultural change needed in aging facilities regarding Intimacy and Sexual Expression.

Workshop Objectives:

1. Gain new understand of concepts of ageism, heterosexism, and other 'isms' and their impact on aging people in care settings
2. Increase awareness regarding issues of intimate and sexual expression in aging settings
3. Provide information and resources to begin to change their approach to care with aging populations

Dr James R Carter is an Assistant Professor of Social Work at Wright State University. His research focuses on the health and complete wellness of all aging people.

High-Risk Behaviors, Sexually Transmitted Infections, Treatment Adherence, and Disease Progression in HIV-positive Men Who Have Sex with Men (Hancock)

Courtney Maierhofer, MPH

Workshop Description:

In this presentation, we will discuss preliminary results from a current cross-sectional study of HIV-positive men who have sex with men (MSM) linked to care at the The Ohio State University HIV clinic. We will explore the population background, study aims, study methods, and preliminary results. The study aims are 1) to determine the prevalence of high-risk sexual practices (including and in addition to Unprotected Anal Intercourse), recreational drug use, and STIs; 2) to determine the associations between: a) high-risk sexual practices (including and in addition to UAI) and prevalent STIs; and b) recreational drug use and prevalent STIs; and 3) to determine the associations between: a) high-risk sexual practices (including and in addition to UAI), treatment adherence and HIV disease progression (as measured by HIV viral load and biomarkers of markers of immune activation, coagulation and systemic inflammation); and b) recreational drug use, treatment adherence, and HIV disease progression (again, as measured by HIV viral load, changes in CD4 T-lymphocyte counts, development of opportunistic infections (OI's) or AIDS-defining illnesses, and biomarkers of markers of immune activation, coagulation and systemic inflammation).

Workshop Objectives:

1. Identify prevalence of HIV, STIs, ART adherence, drug use and high-risk sexual behaviors among MSM

2. Describe preliminary results from a current study of HIV-positive MSM linked to care at the OSU HIV clinic
3. Discuss study findings and future of the current research and local initiatives

Courtney Maierhofer currently works as a Clinical Research Assistant in the Division of Infectious Diseases in the College of Medicine at The Ohio State University. Courtney has experience in local and global health research, as well as HIV community work. Her research interests include factors that influence the acquisition, diagnosis, and treatment of HIV and other sexually transmitted infections (STIs).

12:00-12:30pm: Buffet Lunch (Franklin/Hamilton)

12:30 - 1:30pm: Plenary Speaker (Ballroom)

Video Message from United States Senator Sherrod Brown

"Health Care Professionals As Agents for Social Justice: Resolving the Dilemma of 'Conversion' Therapies" Introduced by Christy Daron, Director of Clinical Services, ADAMH Board of Central Ohio

Jim Struve, LCSW

Workshop Objectives:

1. Expand their awareness of the historical conflicts that surround the use of conversion therapies.
2. Identify nine Principles and Practices that are grounded in ethical approaches for working with same-sex attraction distress
3. Identify two significant components of a peace-making protocol that promotes respect dialogue amongst adversaries

There has much controversy in recent years surrounding the practices of "conversion/reparative therapies" as an treatment approach in response to same-sex attractions. Litigation and/or legislation have been the prevailing methods of intervention to eliminate these questionable practices. The speaker will share his experiences with engaging "adversarial collaboration" as an alternative approach for managing this contentious social justice issue.

1:45-2:45: Breakout 3

Bi Erasure and Bi Phobia in Healthcare: Falling Through the Cracks (Monroe)

Stefanie A. Best, M.A., Graduate Associate, The Ohio State University

Workshop Description:

Literature focused on the provision of healthcare to LGBT populations has largely focused on the experiences of lesbians and gay men, with less emphasis placed specifically on understanding the experiences of bisexual and non-monosexual populations. Where research has investigated bisexual experiences, it has largely focused on the experiences of men who have sex with men (MSM), placing less emphasis on the health experiences of bisexual women. This lack of representation persists despite evidence that bisexuals face unique risks such as increased risk of drug abuse, mental health issues, and intimate partner violence. In this presentation we will first discuss the dearth of bisexual representation in healthcare-focused research literature and its negative impact on bisexual visibility and inclusion. In the latter half of the presentation, we will facilitate a guided discussion with audience members about how researchers and healthcare professionals can create an inclusive space for bi- and non-monosexual people in order to provide more appropriate treatment for both physical and mental health at all levels of care.

Workshop Objectives:

1. Review lack of health-related research specific to bisexual/non-monosexual populations
2. Discuss strategies for communicating with healthcare providers about bi/non-monosexual-specific health issues

Stefanie A. Best is a doctoral candidate in the OSU School of Communication (MA, 2012, The Ohio State University; BA, 2010, University of Delaware). Her research focuses on health campaigns and health decision-making, with particular interests in risk prevention and sexual health.

Transitions of Care: The Role of Medical Providers in Transgender Care (Alumni Lounge)

Andrew Keaster, MD and Maria Barnett, DO

Workshop Description:

There are a few good how-to guidelines for physicians when it comes to helping our transgender patients begin the medical and hormonal aspect of their transition, but relatively little about this subject is taught in medical schools and residency programs. At The Ohio State University, we have established a clinic to provide competent primary care and hormone therapy for transgender patients. However, we also realize that several patients already have established primary care physicians (PCPs) to whom they could return after getting on a stable hormone regimen. Our aim is to educate community providers about the initial and ongoing healthcare needs unique to transgender patients on hormone therapy.

Workshop Objectives:

1. Describe health disparities affecting transgender individuals
2. Describe the basic initial management and medical regimens for those desiring hormone therapy
3. Describe ongoing care needs, monitoring parameters, and potential medication side effects (and ways to combat them)

Andrew Keaster grew up in Arkansas and moved to Columbus for medical school. He graduated from OSU with his MD in 2014, and is currently completing a residency at OSU in Internal Medicine. His areas of interest include global health, public health, HIV/AIDS, and transgender care. He started OSU's transgender primary care clinic. He also volunteers regularly at free clinics in Columbus and previously with ARC Ohio. He plans to pursue a career in primary care upon completing his residency.

Impact of Trauma on LGBT Communities (Hancock)

Tammy Moore, MSW, LISW-S

Workshop Description:

This presentation will define trauma and explore the specific impacts of trauma related to heterosexism, trans/bi/homo phobias hate/ bias crimes and sexual violence within the LGBTQ community. This workshop will identify impact of trauma on identity, neurobiological development, and interpersonal connections.

Workshop Objectives:

1. Define trauma as it relates to LGBTQ specific issues
2. Increase knowledge of neurobiology and brain development
3. Identify 3-5 mechanisms to aid in trauma recovery

Tammy Moore holds a Master of Social Work from The Ohio State University and also holds a Supervising Licensed Independent Social Worker certification. Her clinical focus is on adults and adolescents, sexual assault survivors, complex PTSD and dissociation clients and LGBTQ survivors. She is also certified in EMDR and works in private practice.

The following Breakout Session combines the following two presentations (Jefferson):

Age, Disclosure, and Sexual Risk-Taking among Men Who Have Sex with Men

Angela Palmer-Wackerly

Workshop Description:

This study examines high-risk behavior in men who have sex with men (MSM) by investigating: (1) the relationship between age and four recent high-risk sexual behaviors (i.e., unprotected anal intercourse (UAI), anonymous sex, and alcohol and drug use before and during sex; and (2) the modifying effect of disclosure of sexual orientation on these associations. We surveyed MSM (N = 235) in an U.S. urban sexual health clinic and found that compared to the youngest men (18-24), middle-aged (25-34) and older (35+) MSM were significantly more likely to report recent anonymous sex. Disclosure of sexual orientation had a marginal, though not statistically significant, effect on sexual behaviors, with men of all ages reporting higher disclosure reporting reduced engagement in UAI and drug use and increased engagement in alcohol use. These results suggest that age and disclosure of male sexual orientation may influence certain sexual behaviors and should be included in future MSM sexual health research.

Workshop Objectives:

1. Discuss age-related differences in high-risk behaviors for MSM
2. Highlight the impact of sexual orientation disclosure on the relationships between age and high-risk behaviors for MSM
3. Identify reasons why these differences in behaviors may be occurring

Angela just accepted a position at the University of Nebraska-Lincoln as an assistant professor of health communication, focusing on illness identity, social support and patient well-being in chronic illness.

The Spectrum of Sexual Behaviors Among MSM and Associations with Prevalent Sexually Transmitted Infections and HIV

Cara E Rice, PhD

Workshop Description:

“Sex” among men who have sex with men (MSM) encompasses a much broader range of behaviors than just anal intercourse, yet most sexual health research in this population focuses on only this one practice. We undertook this study to more fully characterize the spectrum of sexual behaviors endorsed by MSM seeking care in an urban, public STD clinic and the associations between these behaviors and prevalent STI and HIV. This cross-sectional study of 235 MSM was conducted from July 2012 through October 2013. Participants self-administered a standardized survey assessing several categories of sexual behavior, including multiple types of receptive/insertive behaviors, venues where sexual activity occurs, and sex while using drugs and alcohol. Men responded about behaviors over the lifetime and within the past three months.

We generated unadjusted prevalence ratios (PRs) to characterize associations between recent participation in each behavior and prevalent STI and HIV. Participants' median age was 26 years. Most were white (57%) and employed (73%). Most, but not all, identified as gay (76%). One-third (35%) had rectal or urethral gonorrhea or chlamydia, or primary/secondary syphilis. STI prevalence was significantly higher among men who reported using sex slings (PR: 2.04), anonymous sex (PR: 1.81), illicit drugs during sex (PR: 1.77), fisting (PR: 1.74), sex toys (PR: 1.44), and group sex (PR: 1.43). HIV prevalence was 17%, and was significantly higher among men who endorsed fisting (PR: 4.81), felching (PR: 3.92), enemas (PR: 4.04), sex slings (PR: 2.47), drug use during sex (PR: 1.98), and group sex (PR: 1.92). Many behaviors other than anal intercourse were significantly associated with prevalent STI and HIV in unadjusted analyses, demonstrating the need for prospective studies to examine causal relationships between specific behaviors and STI or HIV acquisition.

Workshop Objectives:

1. Characterize the spectrum of sexual behaviors endorsed by MSM seeking care in an urban, public STD clinic
2. Identify the associations between these behaviors and prevalent STI and HIV
3. Discuss the relevance of results within public health and health care settings

Cara E. Rice recently accepted a postdoctoral position in the Department of Biobehavioral Health at Pennsylvania State University. Dr. Rice's research interests include HIV and other sexually transmitted infections, MSM health, and global health. She received her PhD in epidemiology from The Ohio State University.

3-4:30 pm: Intergenerational Community Panel (Ballroom)

Introduced by Dr. Gayathri Chelvakumar, Nationwide Children's Hospital, Moderated by Julia M. Applegate, LGBTQ Health Program Manager, Columbus Public Health

This panel discussion will feature speakers from three generations of the LGBTQ community. Leigh Moore, Rashida Davison and Lana Moore will share stories of their experiences with health and healthcare establishments and the ways those experiences intersect with their identities.

4:30-5pm: TED TALK: Choosing Compassion in the Face of Diversity (Ballroom)

Introduced by Bill Hardy, President and Chief Executive Officer, ARC Ohio

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics — from science to business to global issues — in more than 100 languages. Meanwhile, independently run TEDx events help share ideas in communities around the world. TED talks have become wildly popular and serve as accessible, creative formats for sharing new ideas. Erin explores the important force compassion plays in the presence of gender diversity. This is a reprise of her talk presented at TedxColumbusWomen in May, 2015.

Erin's talk may be viewed at this link:

<http://tedxcolumbus.com/events/2015-tedxcolumbuswomen/speakers-and-performers/erin-upchurch/>

7:00-9:00pm: GLMA: Health Professionals for LGBT Equality/Greater Columbus LGBTQ Health Coalition Reception (Red Brick Occasions) *Pre-registration required*

In partnership with GLMA: Health Professionals for LGBT Equality, the Greater Columbus LGBTQ Health Coalition will host a community reception on Friday, October 30th from 7:00 pm to 9:00 pm at Red Brick Occasions in downtown Columbus. This reception will be an opportunity to learn more about GLMA and the Coalition and to mingle with plenary speakers and conference attendees.

SATURDAY, OCTOBER 31, 2015

7:30-8:30am: Registration (Lobby)

7:30-8:30am: Continental Breakfast (Clinton)

8:30-9:30am: Morning Plenary (Conference Theatre)

Get in the Game! Advocacy, Academics, and Affirmation in Transgender Health Research, Introduced by Dr. Teresa Long, Health Commissioner, Columbus Public Health

Jae Sevelius, PhD, Center of Excellence for Transgender Health

Workshop Description:

Dr. Jae Sevelius will review her personal trajectory going from activist drag king to graduate student advocate to principal investigator on a number of community-driven federally-funded research programs for transgender people. She will share ideas and encouragement for community members to contribute to and shape research endeavors in their own communities, and how gender-affirming research programs can be leveraged to provide resources, promote empowerment, and build community.

1. To share my personal trajectory in bridging advocacy and academics in developing gender-affirming research programs for transgender communities.
2. To share ideas about how LGBTQ community members can participate in creating and shaping academic research endeavors including undertaking their own community-driven research, and why these efforts are crucial for increasing access to culturally informed health care for transgender people.

9:45-10:45am: Breakout 1

Life after Obergefell: What marriage, non-discrimination, and religious freedom mean for Ohio's LGBTQ Community (Conference Theatre)

Lisa Wurm, BA

Workshop Description:

The US Supreme Court ruling this summer on same-sex marriage has sent ripple effects throughout the nation. Come and hear legal experts discuss what this means for you and how non-discrimination and religious freedom intersect with this important civil liberties issue.

Workshop Objectives:

1. Explain the US Supreme Court ruling on same-sex marriage
2. Explain rights that still need to be afforded to the LGBTQ community and threats that remain.
3. Attendees will know next steps beyond the US Supreme Court ruling to ensure full and equal rights for all LGBTQ people.

Lisa Wurm is policy analyst and lobbyist for the ACLU of Ohio, specializing in LGBTQ rights. Serving on the board for Why Marriage Matters Ohio and as part of the team for the Supreme Court marriage equality case, Obergefell v. Hodges, Lisa will be speaking about the effects of the decision and what is next for LGBTQ rights in Ohio.

Smart Sexual Health: Engaging Youth in Critical Thinking On Sex and Sexuality (Franklin)

Chelsea Varnum, M.Ed.

Workshop Description:

Critical thinking is a crucial life skill for youth. This is especially true as they navigate their sexual health. In this presentation we will consider ways to promote critical thinking and personal ownership in adolescents in respect to sexual health and sexuality. This will include an overview of adolescent development, the importance of positive youth development, and methods used in the Teen Outreach Program(R) to engage youth and young adults.

Workshop Objectives:

1. By the end of the presentation, participants will be able to identify 2 of the 4 qualities of the adolescent brain.
2. By the end of the presentation, participants will be able to define positive youth development.
3. By the end of the presentation, participants will be able to name one method that can be used to support adolescent critical thinking.

Chelsea Varnum, M.Ed., is the Youth Wellness Manager at Columbus Public Health. In this position she coordinates the Teen Outreach Program(R) in Columbus and facilitates the Central

Ohio Coalition for Sexual Health. She has been working in sexual health and education for the past six years and received her Masters of Education in Human Sexuality in 2012.

Language Matters: Insights from a Study on the Sexual Identity Label Adoption and Disclosure Narratives of GLBQ College Students of Color (Hancock)

Derrick L Tillman-Kelly, PhD

Workshop Description:

Language matters. The importance of language and its impact on one's ability to name oneself can be seen more today than ever before. Whether we consider issues of race and ethnicity, sexuality, gender, or other social identities, language is essential to the ability to define one's self. Just as more attention is being provided to individual's preferred gender pronouns, language is also important when considering one's sexual identity.

With the recent decision of the Supreme Court of the United States (SCOTUS) in favor of marriage equality, some may believe that equity has been achieved for sexual minorities. However, anyone who assumes this belief is wholly unaware of the persistent battles that emanate around race/ethnicity, sexual identity, and the intersection of race/ethnicity and sexual identity.

Through an ongoing national study of the academic and social experiences of gay, lesbian, bisexual, queer (GLBQ) and non-heterosexual college students of color, researchers from the Center for Higher Education Enterprise (CHEE) at The Ohio State University continue to uncover the nuanced ways in which language matters for racial and sexual minorities in college.

Using a combination of empirical research, personal reflections, and interactive discussion activities, CHEE researchers will highlight the importance of language in relation to the sexual identity label adoption and disclosure practices for GLBQ people of color.

Workshop Objectives:

1. Highlight the nuanced ways in which GLBQ people of color make sense of sexual identity labels
2. Develop strategies for more effectively employing diverse and inclusive sexual identity labels
3. Identify the role of sexual identity naming as a component of cultural competency when working with LGBTQ populations

*Dr. Derrick L. Tillman-Kelly is Special Assistant to the Director in the Center for Higher Education Enterprise (CHEE) at The Ohio State University, where he is responsible for the administration of CHEE's research program and special projects, including new staff orientation and professional development, among other initiatives. He serves as editorial assistant for *Spectrum: A Journal on Black Men*. Derrick earned his bachelor's degree in Biology with a Cognitive Science minor from Illinois Wesleyan University, a Master's degree in Higher Education and Student Affairs from Indiana University, and a Doctorate in Educational Policy and Leadership, Higher Education and Student Affairs with a Graduate Interdisciplinary Specialization in Sexuality Studies from The Ohio State University.*

His research interests consider three primary aspects of higher education: (a) leadership and organizational socialization of administrators in higher education; (b) minority serving institutions; and (c) impact of identity intersections on academic and social experiences of college students with specific consideration of race, gender, sexuality and spirituality as social identities. His dissertation project used intersectionality to examine the narratives of sexual identity adoption and disclosure for GLBQ college students of color.

Lesbian Health and Social and Economic Inequality (Clinton)

Lee Evans, MA & Suparna Bhaskaran, Ph.D.

Workshop Description:

There are many factors that contribute to health and well-being, but probably none more impactful than social and economic in/equality. This workshop will focus on how social and economic differences affect the health of Lesbians, both on an individual and a structural level. We will also explore how the trend of lesbian erasure serves to hide the impact of intersectional oppressions on Lesbian health.

Workshop Objectives:

1. To raise awareness of the connection between inequality and Lesbian health
2. To discuss how inequalities affecting Lesbian well-being play out on both an individual and structural level
3. To explore the impact of lesbian erasure both under the LGBT umbrella and in larger society serves to exacerbate inequalities that impact lesbian health and well-being

Lee Evans has a background in Women's Studies and public health and is currently a trainer and educator working with social and economic inequality.

Suparna Bhaskaran has a Ph.D. in Cultural Anthropology and is a researcher, writer and consultant working with social and economic inequality and health.

We are also both lesbians involved with a number of projects within our LGBT communities.

11am-1pm: Box Lunch (Clinton)

11am-1pm: Provider Fair & Health Screenings (Alumni Lounge)

One of the goals of the Greater Columbus LGBTQ Health Coalition is to connect lesbian, gay, bisexual, transgender and queer community members with health and social service providers that are committed to providing LGBTQ-centered care. Providers from local health and social service agencies will be on hand to interact with community members. Some organizations will also be providing free health screenings, including blood glucose and HIV/STI testing..

11am-12pm: Walk With a Doc (Meet at 11:00 a.m. in Conference Theatre, walk will take place on the grounds around the Fawcett Center)

Walk With a Doc is an international movement designed to encourage healthy physical activity in people of all ages, and to reverse the consequences of a sedentary lifestyle in order to improve the health and well-being of people worldwide. Walk With a Doc was created by local cardiologist, Dr. David Sabgir and we are honored to have Dr. Sabgir with us at the conference.

He will be joined by Dr. Elena Christofides, Endocrinologist at Endocrinology Associates, Inc. Dr. Christofides is recognized by the Coalition as a Pride Provider and recently led a Walk With a Doc for the transgender community. She will talk about the impact not only of walking, but of the importance of the LGBTQ focused Walk With a Doc's on nurturing positive provider/patient relationships.

11:00 am-1:00 pm: LGBTQ Storytelling (Alumni Lounge)

OSU Graduate Student and Intern at the Columbus Public Health Department, Jasmine Stork, will talk with LGBTQ community members about their health experiences. Jasmine is interested in encouraging the use of storytelling in creating healthier communities.

1:15-2:15pm: Breakout 2

The Affordable Care Act and the LGBTQ Community (Clinton)

Myles Bell, BA

Workshop Description:

The Affordable Care Act has expanded access to quality, affordable health coverage to all Americans, and under the law there are several benefits and protections for LGBTQ individuals.

These include not being denied coverage because of sexual orientation, gender identity, or gender expression; not being denied coverage for a pre-existing condition; and legally married couples being able to receive financial assistance as a married couple on the Health Insurance Marketplace even if they live in a state that doesn't recognize same-sex marriage. Even with these historic new protections, the LGBTQ community still seemingly lags behind in enrollment and has higher uninsured rates. This presentation will go over these issues and discuss ways to improve and get involved in outreach and enrollment efforts for LGBTQ Ohioans.

Workshop Objectives:

1. Educate audience on the ACA and state of enrollment in Ohio
2. Educate audience on ACA benefits and protections for the LGBTQ community
3. Let audience know how to get involved in local outreach and enrollment efforts, especially for LGBTQ community

Myles Bell is presently employed as a Public Relations Specialist for the Columbus Public Health Department. Formerly, he served as the Ohio Communications Lead for Enroll America, a national non-profit, non-partisan organization dedicated to maximizing the number of uninsured Americans who get quality, affordable health coverage through the Affordable Care Act. Myles came to Enroll America in the spring of 2014 after working for various political campaigns and advocating for health care access with Planned Parenthood Advocates of Virginia. In his role with Enroll America, Myles has worked with LGBTQ organizations and communities across the state to help with outreach and enrollment efforts for LGBTQ Ohioans. Myles is a graduate of James Madison University.

Empower yourself - Street safety basics for the LGBTQI community (Franklin)

Lauren MacDade, MSW, LSW; Victim Services Coordinator, BRAVO

Workshop Description:

In this interactive workshop, participants will learn practical tools to increase awareness, identify boundaries, receive an introduction to assertive verbal communication, and begin to identify self-defense strategies. Conversations will address issues of hate/bias motivated violence impacting LGBTQI communities, as well as intimate partner violence, sexual violence and stalking, and discuss strategies to respond to such violence. Participants will have the opportunity to learn basic physical self-defense strategies. Participants will also become more aware of supportive resources for LGBTQI survivors of violence. This will be an engaging, fun, and empowering workshop.

Workshop Objectives:

1. Participants will increase awareness of their personal safety
2. Participants will become more knowledgeable of issues of violence impacting the LGBTQI community
3. Participants will become aware of supportive services in community for LGBTQI survivors of violence

Lauren MacDade has worked with Buckeye Region Anti-Violence Organization (BRAVO) since February 2013 and provides direct victim assistance. BRAVO works within and on behalf of the LGBTQI community regarding issues related to sexual violence, intimate partner violence, stalking, and hate/bias violence. She received her MSW from The Ohio State University. She has experience working as a SARNCO advocate for survivors of sexual violence, at a trauma-informed chemical dependency program for women, as a campus educator on issues related to sexual violence, and as a community self-defense instructor. Lauren is a member of the Ohio LGBTQI Task Force, CHOICES Advisory Board, and the Ohio Family Violence Prevention Center Advisory Council.

LGB Healthcare: Experiences and What We Can Learn From Them (Hancock)

Nicole Hudak, MA

Workshop Description:

The presentation will cover important information that was discovered within a research study wherein 20 LGB identified individuals were interviewed about their healthcare experiences. The overall purpose of the presentation will be to educate the general audience briefly on the medical history that has impacted LGB healthcare experiences, explain factors that influenced LGB individuals to disclose their sexuality to their healthcare providers, review the positive and negative impacts those individuals had on disclosing their sexuality to their providers, and then propose best practices for healthcare providers on how to treat their LGB patients. Those best practices include the use of gender neutral language when referring to sexual partners, refrain from assuming all of the patients are heterosexual, and to have open conversations with their patients about STI/STD risks (that doesn't assume that because they may not be straight that they are going to have a STI). Finally there will be a discussion about the benefits and disadvantages of inclusive intake forms and why promoting the disclosure of sexuality from the patient standpoint is not always appropriate.

Workshop Objectives:

1. Increase awareness of LGB issues within healthcare
2. Encourage healthcare providers to adapt best practices for LGB patients
3. Continue the conversation about LGB healthcare

Nicole Hudak is a doctoral student at Ohio University studying health communication. Recently she acquired a Master's in Communication and Advocacy and her thesis focused on lesbian, gay, and bisexual healthcare from the perception of the LGB patient. Through studying health communication, Nicole aspires to research underdeveloped topics such as LGBT healthcare in order to provide knowledge to the larger community so that positive changes can be made. In addition to research, Nicole enjoys teaching undergraduate students public speaking skills and basics of the communication discipline. Within her classroom, she challenges her students by bringing up topics that students may not have been willing to discuss outside of the classroom such as problems associated with not having gender neutral bathrooms. New to the area, she is excited to see what Columbus and the rest of Ohio has to offer.

At the Crossroads: Working at the Intersections of LGBTQ Communities of Color (Conference Theatre)

Erin Upchurch, LISW-S

Workshop Description:

A conversation to explore the intersections of LGBTQ communities of color; with a focus on providing support for diversity and inclusion in both workplace and community environments.

Workshop Objectives:

1. Review effective practices in providing diversity and inclusion support to LGBTQ people of color
2. Increase awareness and understanding of diversity that makes a difference
3. Identify tools for establishing and growing inclusive environments

Erin Upchurch is a community advocate, educator, and leading voice regarding issues of diversity and inclusion. She is a seasoned activist passionate about visibility and representation for marginalized and traditionally underrepresented communities. Erin is an experienced facilitator of conversations and trainings on diversity and inclusion for various interest groups and organizations; and is a leader in her field in providing supportive and therapeutic services to transgender/gender non-conforming youth and young adults.

2:30-3:30pm: Breakout 3**Trans* Health: A Roadmap for the New Millennium (Clinton)**

Cory Chan-Frederick, M.Ed.

Workshop Description:

Trans* people have health care concerns not typically experienced or readily understood by many professionals. Needs specific to our community include affirmation, safety, privacy, and confidentiality, preferred names and pronouns, hormones/surgeries, prosthetics, and sex-segregated spaces. Often, these matters are uncomfortable to discuss with healthcare providers, especially those who may be perceived as being uninformed or hostile. Because of these and other tough issues influencing our healthcare decisions, only 30 to 40% of us seek routine medical care. Fortunately, however, new legislation seeks to end discrimination. Some of what we can look forward to in the new millennium: a federal directive issued by the Veterans Health Administration (VHA) that protects trans* and intersex veterans from discrimination, as well as inclusion in the National Prevention Strategy: Americas Plan for Better Health and Wellness. In this session, will learn to navigate our journey in the new millennium.

Workshop Objectives:

1. Demonstrate understanding and application of key terms
2. Summarize basic social and physical transition procedures and related issues
3. Characterize new practices for inclusion and support in healthcare settings

Cory Chan-Frederick is an Ohio University alumnus, earning a B.S.S. in Geology and Plant Biology and an M.Ed. in Cultural Studies. As an educator and advocate for social justice, he provides training and consultation through The Frederick Center for Professional Development. His area of expertise is transgender inclusion. He is an advisor to the Ohio Department of Mental Health and Addiction Services' (OhioMHAS) Screening, Brief Intervention and Referral for Treatment (SBIRT) Program, the Ohio University Inter-professional Health Committee, and he is Chair of the Policy and Advocacy Subcommittee of the the Greater Columbus LGBTQ Health Coalition. Formerly, he served as a board member for Equality Ohio. Currently, Cory is teaching both traditional and online courses at Ashland University, North Seattle College, and Ohio University.

Tips for Teens: Communicating with Your Healthcare Provider (Conference Theatre)

Gayathri Chelvakumar, MD, PhD and Nancy Ford,DNP

Workshop Description:

This presentation will focus on an introduction to the healthcare system and how to navigate the healthcare system. Topics covered will include: information to know prior to a healthcare appointment and why this information is important, introduction to the members of a healthcare team, review of methods of paying for healthcare services, review of confidential services for minors, and an introduction to the Patient's Bill of Rights and Responsibilities and how patients can advocate for their health or the health of a loved one

Workshop Objectives:

1. Increase knowledge of the healthcare system
2. Increase comfort in accessing healthcare services
3. Introduction to the Patient's Bill of Rights and Responsibilities

Dr. Gayathri Chelvakumar is a board certified adolescent medicine physician at Nationwide Children's Hospital (NCH). Dr. Chelvakumar is one of the physicians with the THRIVE program, a multidisciplinary team at NCH that provides care to children with disorders of sex development, complex urological disorders, and gender concerns. She works with nurse practitioner Nancy Ford to provide affirming, non-judgmental primary care to all patients. She graduated from Northwestern University's Feinberg School of Medicine and completed her pediatrics training and adolescent medicine fellowship at the Medical College of Wisconsin. She also has a Masters of Public Health from the Medical College of Wisconsin. Her interests include working with LGB youth, Transgender youth, homeless youth, and detained youth and improving their access to medical care.

The Future is Bright: HIV Clinical Research at The Fenway Institute and Beyond (Franklin)

Dwayne Steward, BA

Workshop Description:

After more than 30 years of research HIV/AIDS doctors and scientists are seeing light at the end of the tunnel. Dwayne Steward, Community Engagement Coordinator at The Fenway Institute in Boston, MA, takes participants through a layman's look at the exciting past, present and future of HIV research through a global perspective.

Workshop Objectives:

1. Describe and discuss the current landscape of HIV around the world.
2. Discuss past and present HIV prevention & treatment research studies that have shaped the current landscape.
3. Discuss the future of HIV prevention & treatment research and how you can become involved.

Dwayne Steward is a nationally recognized journalist, gay rights activist and anti-bullying advocate. He is currently The Fenway Institute Community Engagement Coordinator at Fenway Health in Boston, MA., the country's leading health care and research facility dedicated to lesbian, gay, bisexual, and transgender communities. Prior to Fenway Health he was the first LGBTQ Health Advocate for the City of Columbus Public Health Department and is the founder and director of the Make It Better Foundation, a bullying prevention organization. He has served on several boards with organizations dedicated to serving LGBTQ youth and people of color. He's also a respected journalist with much of his writing focuses on the intersections of race, gender and sexuality. In 2010 he was published in the New York Times Bestseller "It Gets Better: Coming Out, Overcoming Bullying and Creating a Life Worth Living" edited by Dan Savage and Terry Miller.

This Breakout Session combines the following two presentations (Hancock):

The Basest of Needs

Zach Reau, BA

Workshop Description:

Access to food is at the foundation of Maslow's Hierarchy of Needs. Without nutritious, high-quality food, LGBTQ communities will continue to suffer health discrepancies. We must identify how hunger is an LGBTQ issue, and what we can do to eliminate barriers for hungry LGBTQ people.

Workshop Objectives:

1. Provide a clear understanding of how hunger is a LGBTQ health issue
2. Offer potential solutions and name advocacy priorities for hungry LGBTQ Ohioans
3. Identify existing anti-hunger/anti-poverty resources available to LGBTQ Ohioans

Zach coordinates advocacy efforts through Ohio's 12 regional foodbanks, empowering communities to advocate for greater access to initiatives that move Ohioans from the pantry line to the grocery line. Zach previously advocated on behalf of people living with HIV/AIDS for the Ohio AIDS Coalition.

The Impact of Homelessness on LGBTQ Youth

Liam Gallagher

Workshop Description:

LGBTQ youth disproportionately experience homelessness and it is often directly associated with their gender identity or sexual orientation. These youth are at high risk for mental and physical health problems, physical and sexual abuse, family rejection, as well as experiencing homelessness for longer periods of time. The LGBTQ alphabet soup can feel confusing, so we will take time to discuss some of the language associated with the

LGBTQ community. We will focus on discussing some of the barriers associated with serving LGBTQ youth as well as best practices when working with youth who are experiencing homelessness. If you want to help your agency increase capacity for working with LGBTQ youth, this is a great starting point! Finally, we will discuss moving forward and the strategies you can use to make all youth feel included when they walk in to access your agency's services.

Workshop Objectives:

1. Provide a cultural competency overview of LGBTQ identities to help provider feel more comfortable when working with LGBTQ youth.
2. Discuss barriers associated with working with LGBTQ youth, and the differences between the challenges they face and those of non-LGBTQ youth who also experience homelessness.
3. Facilitate and encourage dialogue on the best practices that participants have had when working with LGBTQ youth, and discuss how to make their agency more LGBTQ inclusive.

Liam is a graduate of the Ohio State University and currently works at Stonewall Columbus as the Volunteer Coordinator and Community Outreach Coordinator. He has been actively working in the LGBTQ community since high school, and continued this work at Ohio State where he created the first student organization specifically for the transgender and gender non-conforming community. In his spare time, he enjoys relaxing with his partner by hiking, going to concerts, or staying at home with their two cats.

3:45-4:45pm: Provider Panel Discussion (Conference Theatre)

Introduced by Rebecca Strong, Director of Development and Marketing, AIDS Healthcare Foundation. Moderated by Dwayne Steward, The Fenway Institute

Open question and answer session with a panel of experienced health and social service providers. The panel will consist of Dr. Shelley Blackburn, Family Practitioner, Rivers Edger Family Medicine; Dr. Chad Braun, Family Practitioner, Mount Carmel Health Systems; Dr. Gayathri Chelvakumar, Pediatric Medicine, Nationwide Children's Hospital; Erin Upchurch, LISW, Netcare Access

4:45-5:30pm: Health Impact Leader Awards Ceremony, (Conference Theatre)

Presented by HILA Committee, Dr. John Davis, Gary Heath, Kristin Torres

This ceremony closes the conference and recognizes leaders in the Central Ohio community who have made significant impact on the health of the LGBTQ Community.

Special thanks to Ilona Jalics for creating the HILA video presentation. Ilona is a junior in the Marketing & Logistics program at The Ohio State University. She comes to us on loan from the Office of Distance Education and eLearning at The Ohio State University. Thanks also to Photographer Julie Rae Powers who will be documenting the ceremony. Julie is a Graduate Teaching Associate in the Art Department of The Ohio State University.

INTERN SUPERSTARS

This conference would not have been possible without the countless contributions made by a team of interns who have worked with the LGBTQ Health Initiative at Columbus Public Health over the past two years. These Intern Superstars went above and beyond the call of duty, contributing to nearly every aspect of the conference. From recruiting Pride Providers to researching best practices of LGBTQ centered care, to stuffing folders, stapling programs and live tweeting on the big day, they've done it all. A thousand times thank you wouldn't be enough!

Sam Dubin

Sam recently graduated from Ohio State with a major in Neuroscience and minor in Sexuality Studies. While looking for a way to pursue his interest in public health, Sam found the LGBTQ Health Initiative. The internship allowed him to combine his interests in medicine, public health, and sexuality studies. Sam interned with the LGBTQ Health Initiative during his last year at Ohio State and is currently taking a gap year prior to medical school.



Emily Durbak

Emily is a third year at The Ohio State University majoring in Biomedical Science and minoring in Sexuality Studies. She conducts research on infants with neurological disorders and gives talks to students on alcohol awareness and safer sex education. Emily hopes to attend medical school and one day lead a career that balances her medical, research, and public health interests.



Gabrielle Glenn

Gabrielle is currently pursuing a Master of Public Health at The Ohio State University. She is specializing in Health Behavior and Health Promotion with a special interest in global sexual health. Previously she earned her BS in Human Ecology, and she also serves as an HIV/STI test counselor for students. Gabby loves traveling and time spent outdoors and has visited over 30 countries.



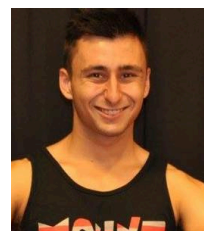
Brad Hoffman

Brad is currently pursuing his Master's in Public Health at The Ohio State University with a specialization in Health Behavior and Health Promotion. He is interested in sexual health, especially HIV/AIDS prevention, as well as LGBTQ health disparities. Previously, Brad earned his Bachelor's in Psychology at Miami University of Ohio.



Maxwell Whiteof

Maxwell is a third year at The Ohio State University majoring in Neuroscience and double minoring in Global Public Health and Theatre. He keeps himself busy as a Resident Advisor and is a member of three organizations: Mount Leadership Scholars, Off the Lake Productions, and Zeta Beta Tau fraternity. Maxwell has aspirations of entering the public health field upon graduation and is keeping his options open. Interning with the LGBTQ Health Coalition was by far the highlight of his summer this year and he is thankful for the opportunity to give back to his community.



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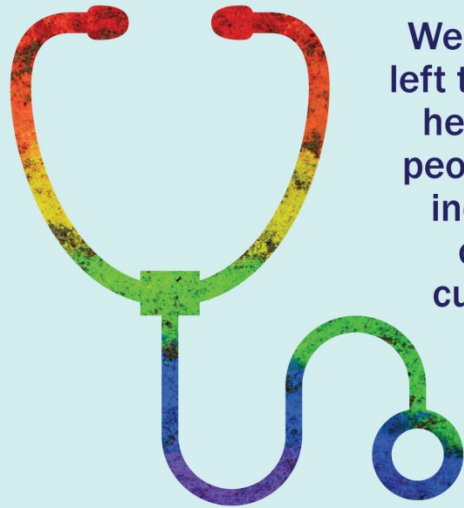






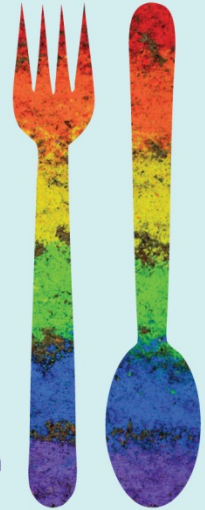
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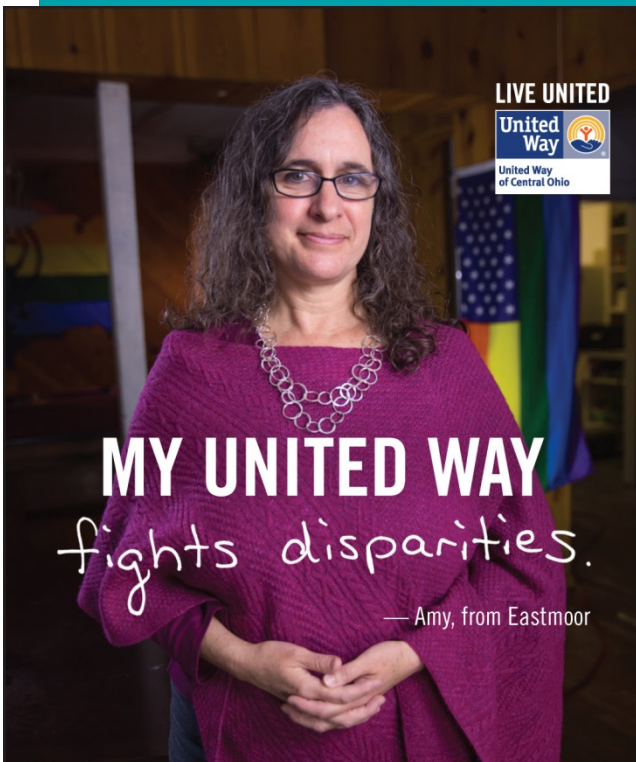
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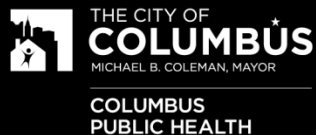
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